

ENVIRONMENTAL POLLUTION UPDATES

The following information is a summary of what can be done to help families to avoid some of the detrimental effects of the world-wide pollution. By combining various types of environmental pollutants, then examining what they do to the mind and body, we have been able to design a program that will normally help in most situations. (The pollution input that we examine is a combined measurement of the air (chemicals, clouds, sprays, smoke, etc.), and the frequencies (cell towers, satellites, haarp waves, micro waves, etc.)

FOR SIMPLE FIRST AID YOU WILL WANT TO HAVE A RESERVE SUPPLY OF BLENDS TO SUPPORT YOUR IMMUNE AND DIGESTIVE SYSTEMS. #57, #91, #98, #99. If you have the “Environmental Pollution Space Shields” you will want #157, #191, #198, #199.

According to our testing of air samples this month (we test the pollution levels frequently - looking for changes), the foods, nutrients, and other items listed below were found helpful for us.

Helpful organic foods and spices: basil leaf, beet root, carrot root, celery seed and stalk, cilantro. millet grain, rice grain, squash, watercress, wild rice.

Helpful herbal blends (Manufactured by Bio Data LLC): #RC, #16/116 adrenal system, #42/142 liver toxicity, #81 enzyme and amino acid system, #83/183 spinal nervous system, #97 nerve system, #102 basic, 191 amino acid/protein system, 199 enzyme system, #EMR-F.

Of interest is that those who have the “Electromagnetic Shields” (M/T) will find that the blends of the “100” series are more efficacious for them. Generally they will need only small amounts. Whereas those without the “shields” will need considerable amounts of the blends, especially of the 1-99 series.

Other Supplements: Gammazyme, Quadrazyme, Vitamin “O” (Obtain these three items from “R-Garden, phone 509-738-2345), Natures Enzymes, Calcium Carbonate, Redmond Clay.

People who are chemically or electrically sensitive will want to possibly follow food level 3D or 4D (you can find this food level by checking the appropriate “PDF” on “canarywatch.com.” Those who are taking their herbs will be able to follow their food levels 3-5. If you have the Electromagnetic shielding, you will not be greatly bothered by the pollution.

Cleaning: Wash with soaps made by “Solutions 4 You,” such as “Ultra Safe Plus” (it has high quality anti bacterial and anti fungal properties, and it is NON TOXIC). Click on the “Solutions-4-You” logo at the bottom of the “Canary Watch” page. This is a type of soap that helps clean the house, your skin, your foods, etc. Look on their website for more information (“safersoaps.com”). You can call them at: 1-800-301-9911 and identify yourself as a customer of **Bio Data**. They will give you a 30% discount on the various soap products. The soaps are highly concentrated and go a long way.

OZONE: An ozone machine will be helpful for most people. However, some people may find themselves sensitive to ozone. (use ozone with caution) Call 1-973-340-1240

HEPA/CARBON FILTRATION: The NQ Clarifier is a Cadillac of the air cleaning machines. It is powerful and highly effective - Valuable! (Call Bio Data 530-623-4644)

ELECTROMAGNETIC ENVIRONMENTAL SPACE SHIELDS:
A unique Electromagnetic shielding can be very helpful to Electrically and Chemically Sensitive people. This web sight has some information about the shields. You can also call Bio Data LLC 530-623-4644 or CHV Betty & Larry Lindsay 1-928-474-5166 for more information. The shielding helps modify both air and EMR pollution. Using the Electromagnetic Shields, you can not only keep your room cleaner, but you can set these small units outside and keep your entire property less polluted with the harmful effects of EMR and air pollution.

METH LABS!

A rapidly growing problem for many of us has become a major health difficulty. METHAMPHETAMINE LABORATORIES (CRANK, METH, ECSTASY, ETC) The fumes (smoke) from these illegal laboratories are

extremely toxic. In many communities there are dozens of these home labs. The drugs made are often similar to what is sold in the local drug store. The smoke from these illegal labs can permeate several square miles. The poisonous fumes will make your weak areas worse, such as: headaches, indigestion, backaches, joint pains, heart palpitations, blood pressure irregularities, emotional instability, cancer, etc. High quality air purification equipment may be needed (such as a Jenesco ozone machine and a NQ Clarifier). *The unique Electromagnetic Shields are of exceptional value and assistance with this air pollution problem. If you put a “1” electromagnetic shield pad” on the intake of the Jenesco ozone machine and one on the outlet of the NO Clarifier, the efficiency of these machines will be enhanced greatly.*

FOR MORE ASSISTANCE READ CAREFULLY THE INFORMATION ON “canarywatch.com” and “biodatallc.com,” or CONTACT BIO DATA LLC, Kitty Belchamber, or CREATIVE HEALTH VENTURES.

(biodata202@hotmail.com) (saludchv@gmail.com)

(callkitty2feelbetter@yahoo.com)

Phone, 530-623-4644 (Bio Data) or 928-474-5166 (CHV)

Disclaimer: This information is for educational purposes only. It is not meant to prescribe, diagnose or cure any medical condition. If you have a medical challenge, it is strongly recommended that you contact your qualified health care practitioner.